



2020

FNR Foundation Annual Report

Food and Nutrition Resources Foundation, Inc.
www.fnrfoundation.org

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FNR Foundation Annual Report



MISSION

We support nonprofits working to improve our food system, and we're finding plenty of deserving organizations in the US and around the globe. COVID-19 has impacted funding for nonprofits while significantly increasing the workload.

RECIPIENTS

A list of our 15 award winners for 2020. Note the museum and the literary magazine, both ways to link creativity to food and agriculture. We're also supporting multiple programs helping those in dire need due to the impact of COVID-19.

STATS

Keeping our overhead low so we can support the folks doing all the important work. Donations to food banks are especially important this year due to the pandemic and associated economic fallout.

BOOK NEWS

Bull Sugar: A Not-So-Sweet Novel explores the historic abuse of sugar cane laborers and ongoing environmental destruction from this crop. *Mottainai* is being translated into Portuguese, *A Garden on Top of the World* into Korean too. Our books are going global!



MISSION

FNR is looking for a few good nonprofits, and we're finding plenty of deserving organizations around the US.

Major interests:

Food justice and food security

Farm animal welfare

Creative food education

Sustainable, regenerative farming and soil health

Food safety

Food waste

Food and climate change

Hunger and COVID-19

The mission of FNR is to fund individuals and programs in need of financial support for sustaining and building on food and nutrition related activities. Potential recipients meet specific criteria established by FNR, and are vetted prior to selection for support. No grant applications are used, and potential recipients are not told they are under consideration. In that way, FNR donations are made in the form of no strings attached awards. Donations consist of one-time payments of \$1000-\$5000. Some organizations continue to receive funding in successive years.

Guidelines for candidacy are specific to the mission and goals of FNR, yet flexible enough to allow for new and interesting innovations in technology, agriculture, and education. There are no application forms for the awards. Unsolicited donation requests are not encouraged, but may be considered.



Curate in Asheville, NC, works with WCK

"We are facing an unparalleled global economic and humanitarian crisis due to COVID-19. With your support, WCK is providing millions of meals for kids and their families, the elderly, frontline health workers, and the millions of Americans who have lost their jobs and are now struggling to put food on the table."

—World Central Kitchen, Washington, DC



RECIPIENTS

A list of our 15 award winners for 2020.

[World Central Kitchen](#)

José Andrés and his chef network respond to crises around the world with food assistance and meal donation management. This year they fed passengers and crew trapped aboard cruise ships, and helped restaurants on lockdown keep their kitchens open while feeding millions of front line workers, the elderly, kids and families in New York City, DC, Spain, and other impacted locations during the COVID-19 crisis.

[Arcadia Center for Sustainable Food and Agriculture](#)

A sustainable farm that serves the local community, Arcadia offers fresh food via mobile markets and workshops for veterans, children, and schools.

[The Food Project](#)

Founded in 1991, this program involves Boston area young people and volunteers in projects supporting sustainable agriculture. Fresh produce is donated to organizations for the needy or sold through farmer's markets and community supported agriculture programs. This year, American food insecurity is even greater due to COVID-19, and the Food Project is responding to that need.

After the Harvest

A volunteer work force collects fresh produce headed for the trash and delivers it instead to the food insecure. The collectors use a variety of means including post-harvest gleaning, donations from farmers and groceries, and the recovery of imperfect produce. The result is a second harvest in Kansas City that feeds many citizens nutritious fruits and vegetables.

Re-FED COVID-19 Food Waste Solutions Fund

Re-FED, a food waste prevention organization, is offering a clearinghouse to help coordinate small farms with those in need of fresh food. The plan is to prevent 10 million pounds of good food from going to waste during the supply chain breakdowns caused by the pandemic. The program is helping farmers who usually sell to schools and other institutions locate new sources for harvests.

Food Forward

Volunteers meet in private yards, public areas, and farmers markets to gather excess fruits and vegetables for donation to area food banks. This program feeds more than 100,000 people a month with rescued produce that would otherwise go to waste. Demand is way up due to COVID-19.

Table to Table

Saving farm waste and bringing it to the spiking number of people who are hungry is the mission of this New Jersey based nonprofit. Since 1999, they have provided fresh food to local food banks, schools, nursing homes, and organizations serving people in need. Table to Table thinks American taxes should pay farmers to grow good food for those in need. FNR agrees!

Socially Responsible Agricultural Project

Comprehensive Animal Feeding Operations (CAFOs) are factory farms housing vast numbers of caged animals to be used in industrial food production. These farms pollute the water, land, and air. In many places, state and local laws do not protect residents living in areas dominated by these massive pollution (and cruelty) factories. Citizens become ill, their homes unlivable. SRAP assists communities threatened by or dealing with factory farms.



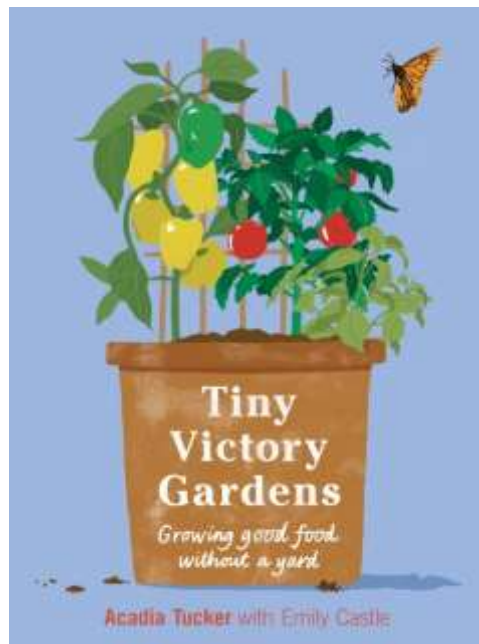
Factory Farm image from SRAP

[The Coalition of Immokalee Workers](#)

CIW has successfully contracted with mega food corporations (including Taco Bell, Walmart, McDonalds , and Subway) to achieve improved standards for farmworkers and fair pay. But in the spring of this year, it took more than a month of calls to Florida's governor, a widely circulated petition, and a lot of national news stories before the state finally set up a field testing site for COVID-19 in Immokalee, where many workers and family members tested positive for the disease. Our farmworkers deserve protection, health care, fair pay, and good housing.

[Food 4 Farmers](#)

This nonprofit organization works to achieve food security for coffee-growing communities in Latin America. By providing guidance and education to increase the production and consumption of local foods, they are helping to strengthen area food systems and solve seasonal hunger issues for the families, cooperatives, and communities that provide us with one of our favorite beverages. In 2020, these communities were faced with additional challenges due to the pandemic and back-to-back hurricanes.

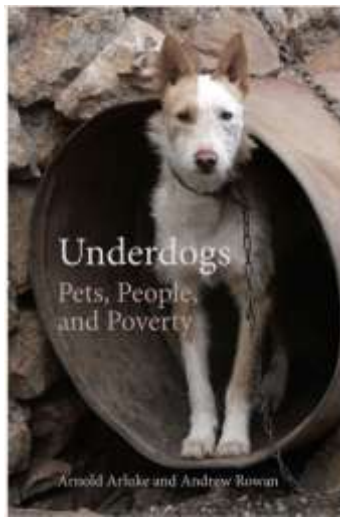


[Stone Pier Press](#)

This vibrant nonprofit publishing house specializes in online news and print books on sustainable agriculture and healthy eating, humane treatment of farm animals, and environmental justice. Their publication list includes six new books for adults, children, and teens including a handy guide to building a backyard victory garden. Read this if you want to feed your family fresh food grown at home during the pandemic.

[American Visionary Art Museum](#)

This unique museum is home to the incredible art created by self-taught artists, innately talented people whose work arises from personal visions. FNR is supplying the museum with hundreds of colorful food labels and packaging to be transformed spontaneously and innovatively into works of ecologically sound art. Why waste when you can create (and educate) instead?



New book funded by FNR

[Underdogs](#)

A pioneering study by sociologist Dr. Arnold Arluke, "Coping with Food Insecurity in Low Income Communities" (*Anthrozoö*, December, 2020), explores coping strategies used by the pet food insecure. Reasons for pet food insecurity are similar to those of the food insecure, including pet food deserts and difficulty with transportation to purchase pet food. With more than 29 million dogs and cats living in poverty, increased attention needs to be paid to the role of pet food pantries in avoiding both pet hunger and stress on pet owners.

[Kitchens for Good](#)

This well-rounded organization has pivoted during the coronavirus pandemic, training their culinary apprentices online for positions in hospitals and take-out restaurant kitchens. In their new 7000-square-foot workspace, distancing is possible for volunteers turning unwanted organic foods into tasty, nutritious meals for those in need. With Project Nourish and Project Reclaim, KFG feeds San Diego residents struggling during the crisis, preparing some 12,000 delicious meals a week.

[Rainforest Action Network](#)

This international organization works to preserve our rainforests, their ecology and peoples, including efforts to protect biodiversity and stop child labor in the production of palm oil, the most widely used vegetable oil in processed foods.

[Center for Healthcare Narratives](#)

A creative approach to healthcare, media, and the arts is used to help improve communication between providers and patients. Check out [Please See Me](#), their top-notch online literary magazine full of excellent essays, stories, poetry, photographs and short films on wellness and healthcare justice. The COVID-19 issue is especially inspirational.



Beekeeping with Food 4 Farmers

"Your gift means a great deal to the work that we do and the kids of our organization. We are all so very grateful!"

—The Food Project, Massachusetts



STATS

Keeping our overhead low so we can support the folks doing all the important work.

Our Team

[Virginia Aronson, Executive Director](#)

[Ed Goodstein, Director](#)

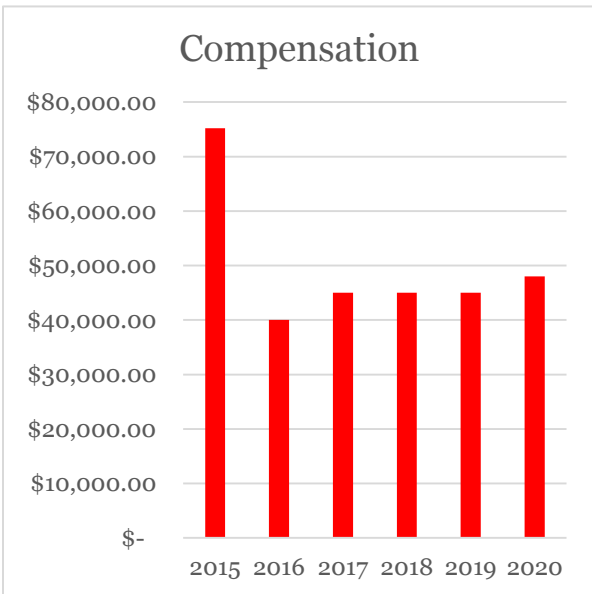
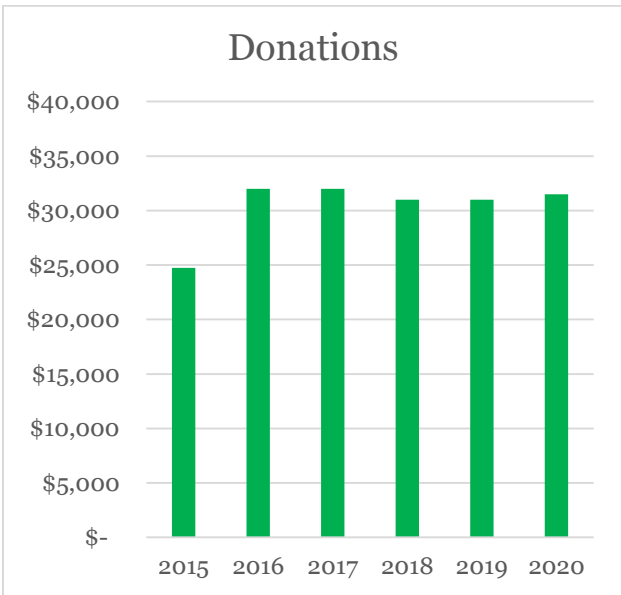
[Mel Goss, Secretary/Treasurer and Tech Support](#)

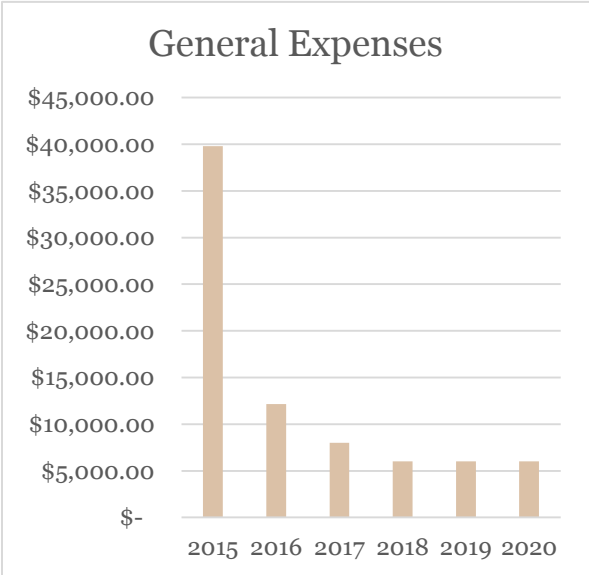
Our Location

Food and Nutrition Resources Foundation, Inc.
600 NE 20th Avenue
Deerfield Beach, FL 33441
561.393.0515

Our Financial Info

Our goal is to spend less but donate more, so we're keeping it lean and mean at home while spreading the FNR network around the US and elsewhere.





"Please know you are making a tangible, positive impact on improving and sustaining the quality of life for families who depend on coffee for their livelihoods."

—Food 4 Farmers, Vermont



Educational visual from A Growing Culture



BOOK NEWS

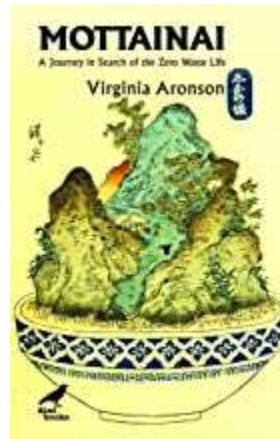
Our books are going global!



FNR is in the process of finalizing a new book scheduled for release next spring (New York: Adelaide Books, 2021). With this book, we hope to impart important information on a subject we feel strongly about: the negative impacts of the sugar industry.

Bull Sugar rips the lid off the sugar industry, past and present. The truth is clearly told with a combination of fiction and nonfiction, illustrating the following: sugar cane farming has historically abused labor; the farming of sugar cane is polluting Florida waterways, devastating the Everglades and the coastlines, killing wildlife and putting state residents at risk; and an excessive

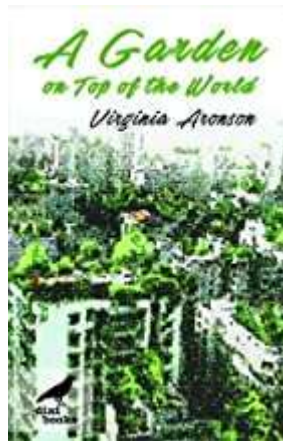
intake of sugar is contributing to a shocking increase in the incidence of obesity, diabetes, heart disease, and other ills. Historical and factual notes, resources, and references are included.



Our first book is still available in paperback via Amazon, and in hardback from Dixi Books (London, 2019). *Mottainai* tells a kind of modern day fairy tale, the story of a young man who has everything and feels nothing but frustration. Until he meets a stranger and learns about a program to teach us how little we really need—and why living differently is important for each of us, and for the planet.

An ancient Japanese philosophy popularized worldwide by the late African activist Wangari Maathai, *mottainai* is both an individual consciousness and a global movement toward zero waste. *Mottainai: A Journey in Search of the Zero Waste Life* provides an entertaining story, an allegory about what it takes for us to change our comfortable, wasteful lifestyle in order to save our beautiful, beleaguered planet.

The book is being translated into Portuguese for sale in Brazil.



Our second book is also available from Dixi Books and online at Amazon. *A Garden on Top of the World* (London, 2019) tells the intriguing futuristic story of a 16-year-old girl living in a climate refugee city in Greenland after millions worldwide have been forced to relocate. Her family's food comes via drone and is prepared in a 3D printer. Jonnie wants to taste real food, so she builds a garden on the roof of her high-rise building, enlisting help from a homeless man and teenage twins, one of whom is intersex—like Jonnie.

The book is being translated into Portuguese and Korean.

Farmlandia

For free, you can download these two tiny poetry pamphlets from the creative nonprofit The Origami Poems Project. This double collection of poems illustrates the beauty and struggle of life on a Florida farm, as seen through the eyes of several generations of women.

Just click on [THIS LINK](#) to find and print out the poems, then fold according to instructions to make your own origami poetry booklets.

Nominated for a [Pushcart Prize 2020](#).



from the cover of Farmlandia

"Our goals for 2020 include 4 million pounds of fresh produce for hungry people. As we like to say, we provide the fresh!"

—After the Harvest, Kansas City, MO

You can contact us for more information on any of the organizations mentioned:

Food and Nutrition Resources Foundation, Inc.

info@fnrfoundation.org

www.fnrfoundation.org



Thousands line up for San Antonio Food Bank, April 9, 2020 (Kin Man Hui, *Express News*)



US wastes more plastic than anywhere else in the world.

Cover photo: Arcadia Center for Sustainable Food and Agriculture