Food and Nutrition Resources Foundation

2026 Annual Report

Image by Nadine Primeau on Unsplash

Mission

FNR supports nonprofits that work to improve our food system, and we're finding plenty of deserving organizations around the globe.

Recipients

A list of our award winners for 2026.

Stats

We are providing more funds to worthy organizations while keeping our own expenses low in this challenging economy.

Media News

Our eco-novels have been translated into multiple languages, and we offer more online information and activities to help readers learn about nutrition, food waste, safe food, and good food.

About Us

We continue to provide funding, create new educational projects, and share our books with readers around the world. And we continue to feel fortunate for the support of our Board of Advisors.

Photo by Mariana Medvedeva on Unsplash

MISSION

FNR supports nonprofits that work to improve our food system, and we're finding plenty of deserving organizations around the globe. Our focus of late has been on programs that feed hungry people due to our current economic and political situation.

Major interests:

Food justice

Innovative approaches to urban and rural food distribution

Good food education

Farm animal and farm worker welfare

Natural regenerative farming and soil health

Food safety

Food waste reduction

Climate change and the food system

Image from foodforward.org

Goals:

The mission of FNR is to fund nonprofits and programs in need of financial support for sustaining and building on food and nutrition related activities. Potential recipients meet specific criteria established by FNR, and are vetted prior to selection for support. No grant applications are used, and potential recipients are not told they are under consideration for donation. In that way, FNR donations are made in the form of no strings attached awards. Donations consist of one-time payments of $1000-$5000.

Guidelines for candidacy are specific to the mission and goals of FNR, yet flexible enough to allow for new and interesting innovations in technology, agriculture, and education. There are no application forms for the awards. Unsolicited donation requests are not encouraged but may be considered. Renewal of donations from year to year is an option for qualifying recipients.

Image from thefoodproject.org

When you talk about food and water, people don't want a solution one week from now, one month from now. The solution has to be now.

—José Andrés, World Central Kitchen

RECIPIENTS

A list of our award winners for 2026.

Image from World Central Kitchen

World Central Kitchen

José Andrés and his chef network respond to crises around the world with food assistance and meal donation management. This year they are feeding healthy meals to those in need after the deadly floods in Nepal, the twin earthquakes in Venezuela, the earthquake in Colombia, the wildfires in Colorado, France, and Spain, the Ebola outbreak in the DRC, ongoing wars in Lebanon, Gaza, and Ukraine, and elsewhere. WCK offers meal kits to migrants and refugees, and global volunteers are on the spot whenever and wherever disaster hits.

Bread and Roses

This Massachusetts nonprofit feeds the local community every night and offers a to-go food pantry as well. Thousands of local residents rely on such services, especially now with cuts to the government programs that have kept so many out of poverty. Community Meals are served restaurant style so that dignity is preserved. The Emergency Pantry is stocked with donated items from grocery stores and provides more than 1.5 million meals a year.

18 Reasons

Food insecure households in Bay Area communities have access to this organization's free classes on good food shopping and healthy food preparation with keen attention to budget and nutrition. They also deliver fresh food along with recipes for meal preparation to area residents with chronic illnesses.

Food 4 Farmers

The UN declared 2026 the International Year of the Woman Farmer. By working with women in Latin American coffee-growing communities, F4F is helping them to feed their families while strengthening their local food system. The how-to approach is three-pronged: home food production, livelihood diversification, and leadership training for community members. This leads to food coops, farmers markets, home and school gardens, and home beekeeping. The educational programs help solve seasonal hunger issues for the families and communities that provide us with one of our favorite beverages.

Image from food4farmers.org

Eat Better Live Better

For the past 10 years this nonprofit has been feeding families in Palm Beach County, Florida, reaching more than 200,000 people in need of food assistance. Their programs provide access to fresh produce and nutrient-dense groceries as well as nutrition education. The Grocery Assistance Program supplies hungry families with 2 weeks of good food to help close the dangerous income gaps many now experience.

The Food Project

Founded in 1991, this active and popular organization involves Boston area young people in hands-on programs that support sustainable agriculture. Each year, 120 teens plant, grow, and harvest 100,000 pounds of produce on more than 70 acres of local urban and suburban land; some 80,000 servings of fresh food are then donated to area feeding programs for families in need. The teens also build home gardens so Boston area residents can grow their own fresh food.

Boston Area Gleaners

Since 1 out of every 3 families in Massachusetts is food insecure, the Gleaners work to feed the people in need. Volunteers harvest and pack surplus produce at area farms. The fresh harvests are then trucked to food banks, pantries, and meal programs around the state. Thus, the Gleaners are helping to reduce both hunger and food waste, assisting small farms in the process. They are the largest gleaning operation in the Northeast.

Harvesting image from https://www.bostonareagleaners.org

Food Forward

Volunteers in the greater Los Angeles area rescue millions of pounds of surplus fruits and vegetables from private yards, public parks and orchards, and farmers markets. Unsold and "ugly" produce is collected from farms and wholesalers. The unwanted items are donated to food banks and hunger relief agencies in Southern California and tribal areas of Arizona and New Mexico. Since the program began in a back yard in LA in 2009, over 500 million pounds of surplus food has been recovered, providing 2 billion servings of fresh produce for hunger relief.

Image from foodforward.org

Food for Soul

Chef Massimo Bottura and Lara Gilmore turn global food waste into delicious and nutritious restaurant meals served in beautiful settings to people in need around the globe. Their "Refettorios" are designer-style venues, and can be found in 8 countries: Italy, UK, France, Switzerland, Australia, Brazil, Mexico, and the US (in New York and San Francisco). More are scheduled to open in Colombia, Peru, Kenya, and in several additional US cities.

Refettorio Geneva from https://www.refettoriogeneva.org

Kitchens for Good

This innovative San Diego program is designed for people facing employment barriers due to a history of incarceration, foster care, mental health issues, substance abuse, or homelessness. California state certified training in the culinary arts and baking is provided; other programs train participants in customer service and food entrepreneurism. Stipends, paid on-the-job training, transportation, uniforms, tools, and other services help participants establish a future of economic opportunity.

Farm Lab

This new Massachusetts based program provides fresh produce to local schoolchildren, introducing them to fresh veggies they might love for a lifetime. Each individual Feast Box contains 4 or 5 items from a local farm. Farm Lab is part of a farmer-led program that helps diverse, low income, military veteran, and beginning farmers use sustainable and regenerative farming methods. Win win!

FRESHFARM

Working to feed residents in need in the Mid-Atlantic region, FRESHFARM offers a variety of programs to schoolchildren, families, and farmers. FoodPrints brings nutrition education (and school gardens) to area schools. FreshMatch doubles the federal benefits for produce, giving families more fresh food at mealtimes. Food Hub helps small farmers distribute produce to nonprofits that feed hungry people, simultaneously reducing food waste. Bravo!

Food Hub from FRESHFARM website

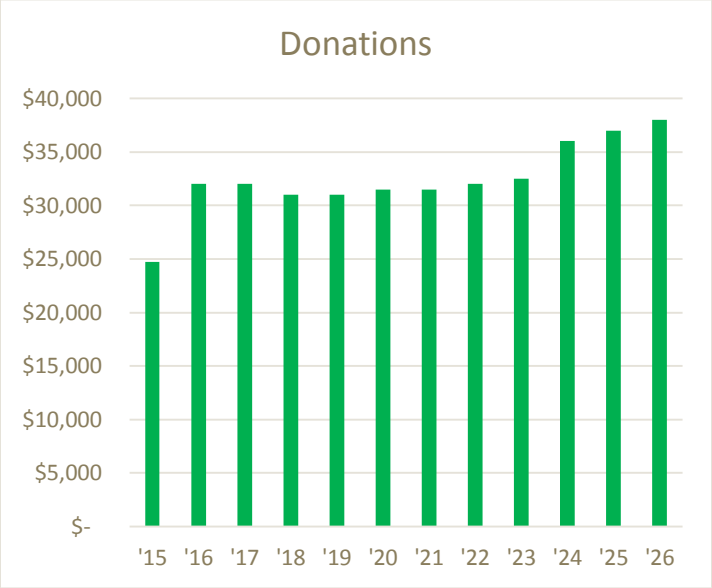
Every day, guests remind us why we do this work. A mother who stops by after work to pick up fresh produce for her family. A guest who shares that dinner here is the only meal they'll have all day indoors. A volunteer who shows up week after week to serve with a smile.

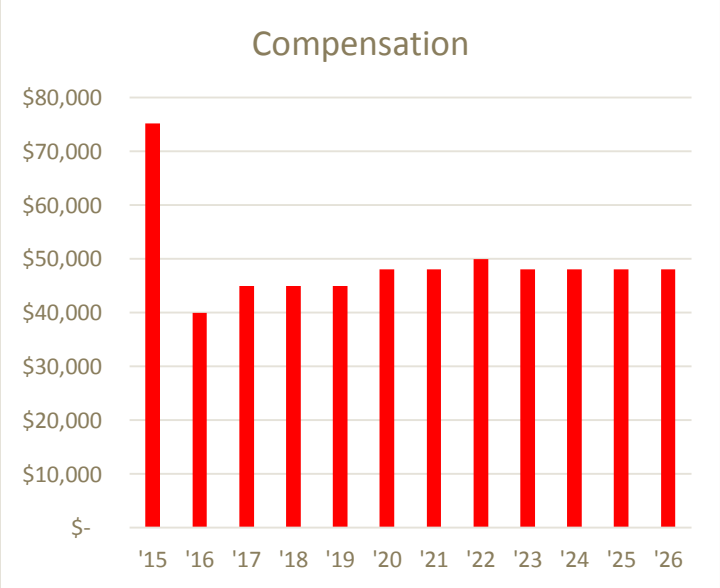
—Bread & Roses

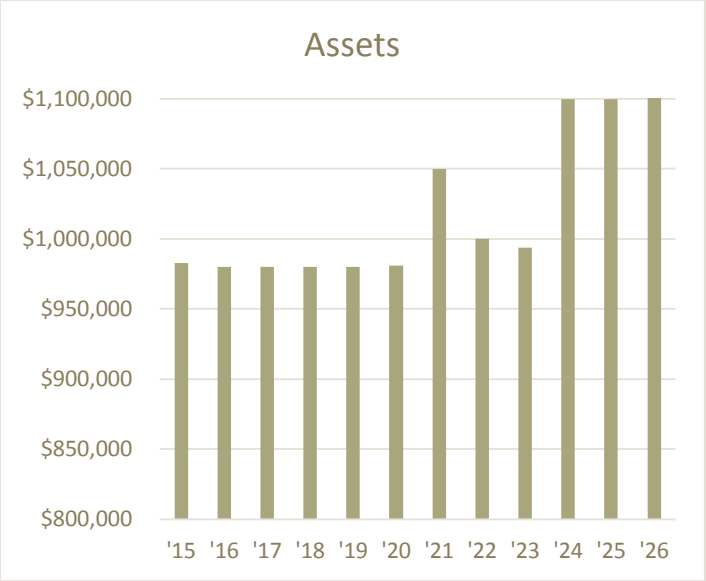
STATS

We are providing more funds to worthy organizations while keeping our own expenses low in this challenging economy.

Our Financial Info



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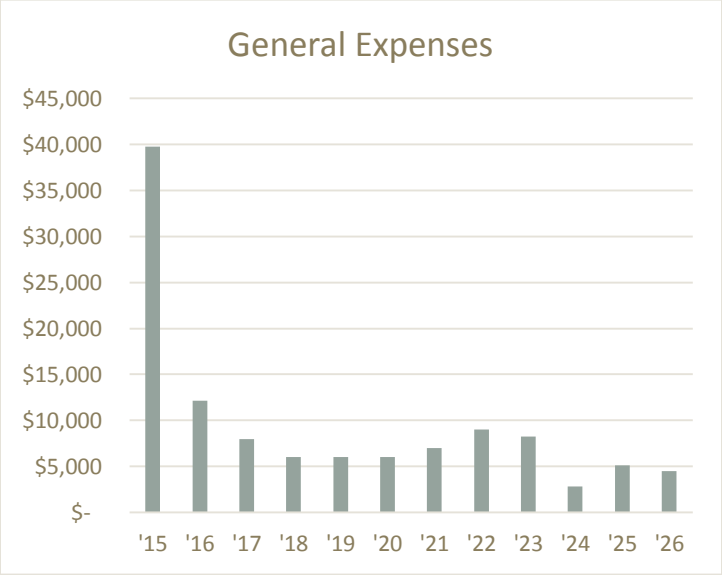
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$20,000
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$10,000
$5,000
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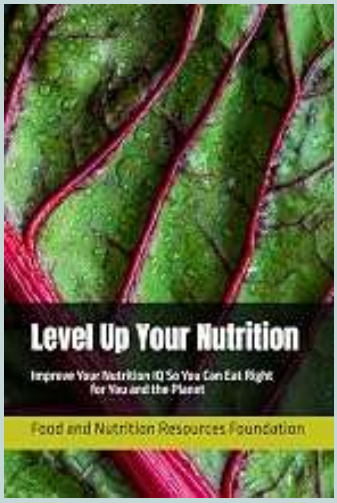
'15 '16 '17 '18 '19 '20 '21 '22 '23 '24 '25 '26

MEDIA NEWS

A Garden on Top of the World has been released in Arabic! Our eco-novel is available in Korean, and is now undergoing Turkish translation for New Human Publishing, as is our eco-novel *Mottainai*.

On the Med continues to be used by thousands of diners seeking Mediterranean diet choices from restaurant menus. Level Up Your Nutrition is available now as a print book while the online version offers a free nutrition IQ quiz.



Food Crunch, also free online, is a daily food puzzle. Profiles in Good Food essays can be found on Medium. FoodSafe on Bluesky provides warnings about foodborne illness outbreaks.

ABOUT US

As you can see, we're laser focused on feeding hungry people and making nutrition education fun. Take a look at the FNR website to see more details on what we're up to. And feel free to contact us regarding Food Crunch, On the Med, Level Up Your Nutrition, or any of our books. Reach out if you want more information on any of the organizations mentioned in this report, including FNR Foundation.

Our Team

Virginia Aronson, Executive Director
James Goss, Director
Mel Goss, Director and Secretary/Treasurer

Board of Advisors
Laura Englander
Lynn V. Hewes
Leah Ronan

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Food and Nutrition Resources Foundation, Inc.
www.fnrfoundation.org

Most adults receiving SNAP who can work are working; 86% of SNAP households with working age adults who aren't disabled earned income in the past year. For many, SNAP is a bridge when wages aren't enough or during a temporary setback. Last year, the Feeding America network provided 6 billion meals. SNAP delivered 9 times that amount… To truly end hunger, we need both local charities and strong federal nutrition programs working together.
—Feeding America