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2021

FNR Foundation Annual Report

Food and Nutrition Resources Foundation, Inc.

www.fnrfoundation.org

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FNR Foundation Annual Report



MISSION

We support nonprofits working to improve our food system, and we're finding deserving organizations in the US and around the globe. COVID-19 has continued to impact funding for nonprofits while increasing the workload.

RECIPIENTS

A list of our 13 award winners for 2021. Our main goal this year has been to help get good food to those in need. We're supporting programs that feed people suffering from the impacts of COVID-19.

STATS

Keeping our overhead low so we can support the folks doing all the important work. (We do this every year, it's part of our approach to changing an unjust food system.)

BOOK NEWS

Bull Sugar: A Not So Sweet Novel explores the historic abuse of sugar cane laborers and the ongoing environmental destruction from this not-so-sweet crop. Due to be released by a London-based environmental activist press in February 2022.



MISSION

FNR is looking for a few good nonprofits, and we're finding plenty of deserving organizations around the US.

Major interests:

Food justice and food security
Farm animal welfare
Creative food education
Sustainable, regenerative farming and soil health
Food safety
Food waste
Food and climate change
Hunger and COVID-19

The mission of FNR is to fund individuals and programs in need of financial support for sustaining and building on food and nutrition related activities. Potential recipients meet specific criteria established by FNR, and are vetted prior to selection for support. No grant applications are used, and potential recipients are not told they are under consideration. In that way, FNR donations are made in the form of no strings attached awards. Donations consist of one-time payments of \$1000-\$5000. Some organizations continue to receive funding in successive years.

Guidelines for candidacy are specific to the mission and goals of FNR, yet flexible enough to allow for new and interesting innovations in technology, agriculture, and education. There are no application forms for the awards. Unsolicited donation requests are not encouraged, but may be considered.



photo from Greenagers.org

"The idea of having skills, of being competent and being connected to the earth in your community, to my mind, is just foundational. If we are able to provide opportunities for youth to develop those skills, those empathies and those concerns, then I think we'll be better off."

—Will Conklin, Executive Director, Greenagers



RECIPIENTS

A list of our 13 award winners for 2021.

World Central Kitchen

José Andrés and his chef network respond to crises around the world with food assistance and meal donation management. This year they fed survivors of an earthquake in Haiti, the Louisiana communities devastated by Hurricane Ida, and people around the globe with food insecurity due to natural disasters and/or the ongoing impacts of COVID-19.

The Food Project

Founded in 1991, this program involves Boston area young people and volunteers in projects supporting sustainable agriculture. Fresh produce is donated to organizations for the needy or sold through farmer's markets and community supported agriculture programs. American food insecurity continues to be a grave issue due to COVID-19, and the Food Project is responding to that need.

Health in the Hood

This Miami-based nonprofit builds community gardens in the urban areas that lack access to healthy food. They give out their homegrown food using a mobile pantry: a traveling produce market in a converted airport shuttle bus. How innovative!

Boston Food Forest Coalition

First established as an urban land trust, this organization creates food gardens in underserved areas of Greater Boston. Meetings, classes, and cultural events bring neighbors together for healthy food and immersion in nature.

Greenagers

A paid program for teens in Massachusetts to learn about regenerative farming and animal husbandry on a working farm, and to build front yard food gardens for area residents. Kids also rebuild hiking trails in Massachusetts and Connecticut.

Maine Coast Heritage Trust

A former dairy farm, Erickson Fields Preserve invites young people to work in gardens that grow food for the community. The produce donations exceed 25,000 pounds of fresh foods every year. This year their diversity project wanted to sponsor a food access intern. Sounded good to us!

After the Harvest

A volunteer work force collects fresh produce headed for the trash and delivers it instead to the food insecure. The collectors use a variety of means including post-harvest gleaning, donations from farmers and groceries, and the recovery of imperfect produce. The result is a second harvest in Kansas City that feeds many citizens nutritious fruits and vegetables.

Daily Table

By recovering unwanted food from growers, distributors, and other grocery stores, Daily Table markets combine preventing food waste with making healthy choices available to the food insecure. Deep discounts are offered on both fresh foods and meals-to-go. Daily Table fresh markets are flourishing in 3 greater Boston locations.

Food Forward

Volunteers meet in private yards, public areas, and farmers markets to gather unwanted fruits and vegetables for donation to California food banks. The program feeds more than 100,000 people a month with rescued produce that would otherwise go to waste. Demand is way up due to COVID-19.

Socially Responsible Agricultural Project

Comprehensive Animal Feeding Operations (CAFOs) are factory farms housing vast numbers of caged animals for industrial food production. These farms pollute the water, land, and air. In many places, state and local laws do not protect residents living in areas dominated by these massive pollution (and cruelty) factories. Citizens become ill, their homes unlivable. SRAP is taking action while assisting communities threatened by or dealing with factory farms.

Stone Pier Press

A nonprofit publishing house, SPP specializes in online news and print books on sustainable agriculture and healthy eating, humane treatment of farm animals, and environmental justice. Their publication list includes books for adults, children, and teens.

Kitchens for Good

This well-rounded organization pivoted during the coronavirus pandemic, training culinary apprentices online for positions in hospitals and take-out restaurant kitchens. With Project Nourish and Project Reclaim, KFG feeds San Diego residents, preparing thousands of delicious meals every week. COVID-19 has increased demand for such services, as it has everywhere.

Food 4 Farmers

This nonprofit organization works to achieve food security for coffee-growing communities in Latin America. By providing guidance and education to increase the production and consumption of local foods, they are helping to strengthen area food systems and solve seasonal hunger issues for the families, cooperatives, and communities that provide us with one of our favorite beverages.



Beekeeping with Food 4 Farmers

"Your gift will strengthen local food systems, environmentally sound farming practices, and strategies to diversify income and improve nutrition for farming families and their communities. During this turbulent time, your support is especially appreciated as we deliver critically-needed resources to support these families facing economic and health devastation."

—Food 4 Farmers



STATS

Keeping our overhead low so we can support the folks doing all the important work.

Our Team

[Virginia Aronson, Executive Director](#)

[Ed Goodstein, Director](#)

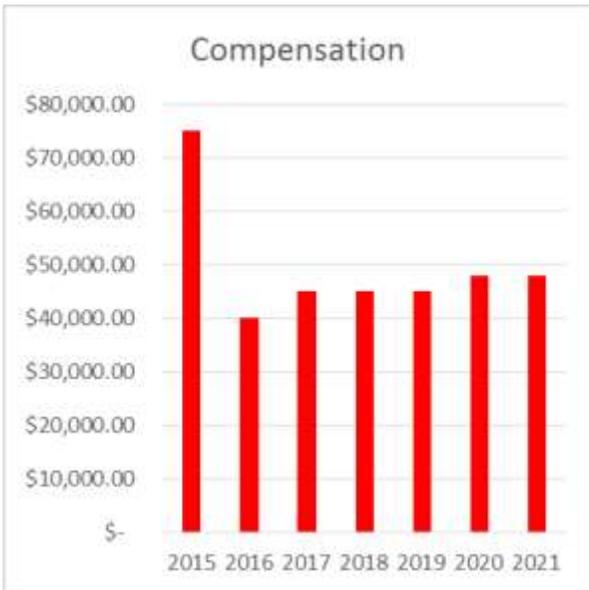
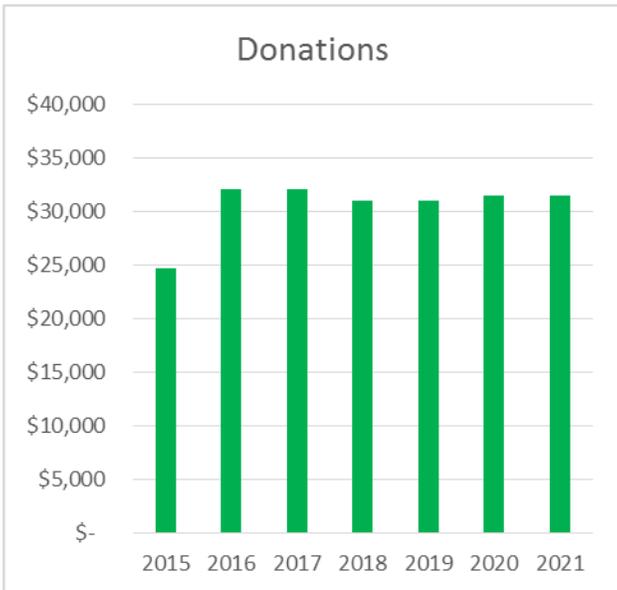
[Mel Goss, Secretary/Treasurer and Tech Support](#)

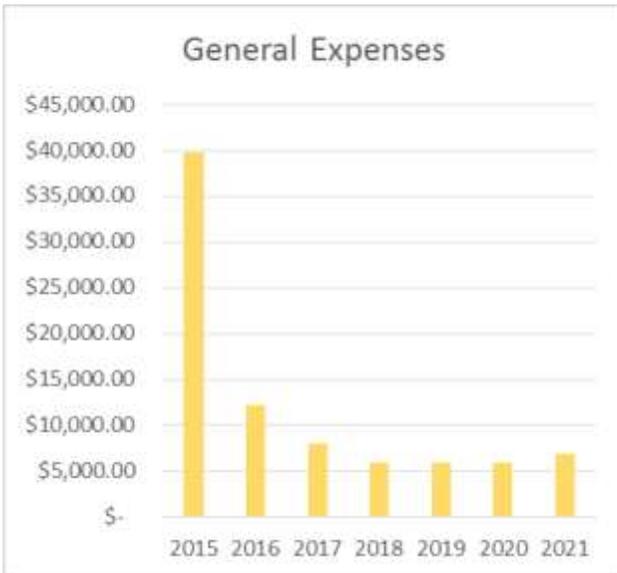
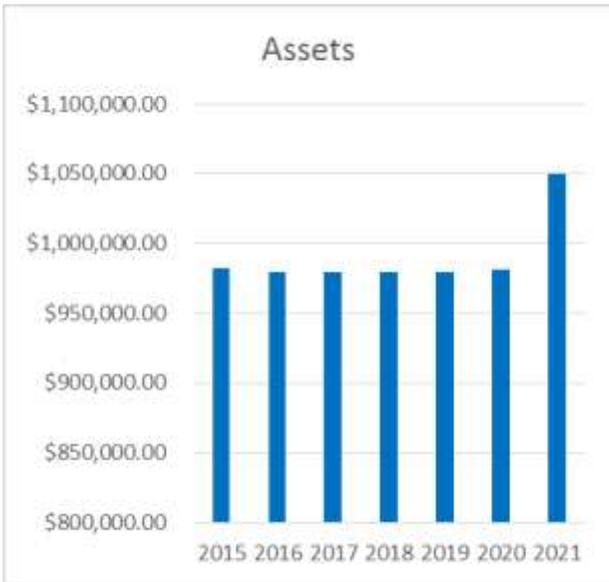
Our Location

Food and Nutrition Resources Foundation, Inc.
333 SE 20th Avenue #104
Deerfield Beach, FL 33441
561.393.0515

Our Financial Info

Our goal is to spend less but donate more, so we're keeping it lean and mean at home while spreading the FNR network around the US and elsewhere.





"Your support helps nourish families facing food insecurity in our community and empowers apprentices as they launch a new career in the culinary and hospitality industry."

—Kitchens for Good

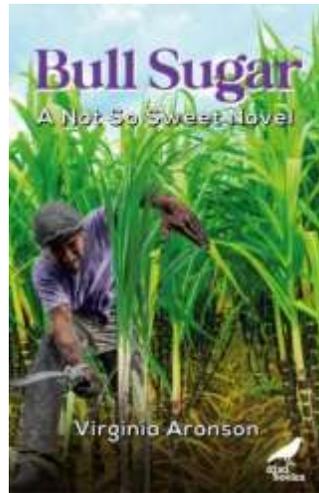


photo from kitchensforgood.org



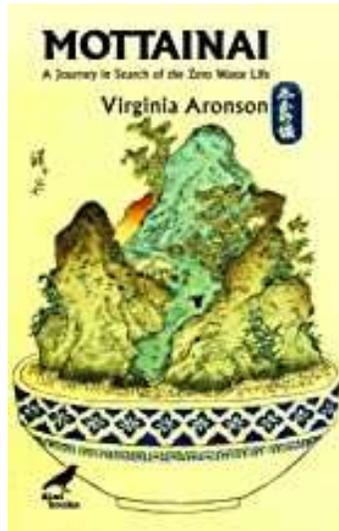
BOOK NEWS

Our books have gone global!

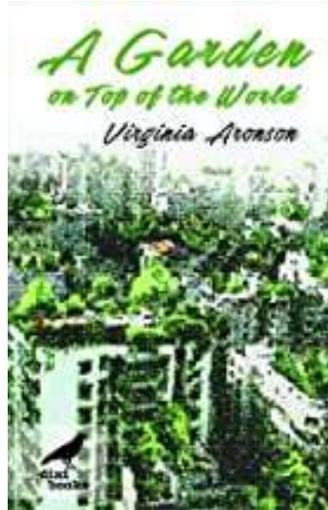


FNR is in the process of finalizing a new book, our third, scheduled for release in February 2022 (London: Dixi Books). *Bull Sugar* rips the lid off the Florida sugar industry, past and present. The truth is clearly told with a combination of fiction and nonfiction illustrating the following: sugar cane farming has historically abused labor; the farming of sugar cane is polluting Florida waterways, devastating the Everglades and the

coastlines, killing wildlife and putting state residents at risk; and an excessive intake of sugar in the US is contributing to a shocking increase in the incidence of obesity, diabetes, heart disease, and other ills.



Our first book is still available in paperback via Amazon, and in hardback from Dixi Books (London, 2019). *Mottainai* tells a kind of modern day fairy tale, the story of a young man who has everything and feels nothing but frustration. Until he meets a stranger and learns about a program to teach us how little we really need—and why living differently is important for each of us, and for the planet. *Mottainai: A Journey in Search of the Zero Waste Life* provides an entertaining story, an allegory about what it takes for us to change our comfortable, wasteful lifestyle in order to save our beautiful, beleaguered planet.



Our second book is also available from Dixi Books and online at Amazon. *A Garden on Top of the World* (London, 2019) tells the intriguing futuristic story of a 16-year-old girl living in a climate refugee city in Greenland after millions worldwide have been forced to relocate. Her family's food comes via drone and is prepared in a 3D printer. Jonnie wants to taste real food, so she builds a garden on the roof of her high-rise building, enlisting help from a homeless man and teenage twins, one of whom is intersex—like Jonnie.

The book is being translated into Korean for release in South Korea.

Farmlandia

Download these two tiny poetry pamphlets (for free) from the creative nonprofit The Origami Poems Project. This double collection of poems illustrates the beauty and struggle of life on a Florida farm, as seen through the eyes of several generations of women.

Nominated for a Pushcart Prize in 2020.

Just click on [THIS LINK](#) to find and print out the poems, then fold according to instructions to make your own origami poetry booklets.



from the cover of *Farmlandia*



photo from worldcentralkitchen.org
Louisiana after Hurricane Ida

"When disaster strikes, WCK's Chef Relief Team steps out of the kitchen and on to the front lines to provide meals to those in need. We have responded to emergencies in Haiti, Peru, Houston, Puerto Rico, California, Hawaii, Indonesia, Guatemala, Mexico, the Carolinas, Florida, Nebraska, Mozambique, Colombia, Venezuela, and more. WCK teams have been cooking every single day since September 2017."

—World Central Kitchen

You can contact us for more information on any of the organizations mentioned:

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www.fnrfoundation.org



photo by Dan Gold on Unsplash